

Emergency Supply Kit Checklist

Stock up on enough supplies to last a week and refresh them at least once a year. Put them in waterproof containers and store them in a place that's easy to reach. Here's what you'll need:

Food and Water



Drinking Water

1 gallon of water per person, per day



Food

Nonperishable and easy to prepare without power



Tools & Utensils

Non-electric can opener and forks, spoons and knives



Baby/Pet Food

Be sure to include food for all members of your household

Equipment



Flashlights

Do not use candles



Extra Batteries

Include two extra sets



Radio

Battery-powered or a hand-crank weather radio



Mobile Phone

Include a portable charger

Health & Personal Supplies



Basic First Aid Kit

From antibiotic ointments and bandages to cold packs and more



Medication & Eyeglasses

Prescription and non-prescription



Blankets & Clothing

Blankets, warm clothes, sturdy shoes and heavy gloves



Toiletries

Soap, toothbrushes, toothpaste, toilet paper, etc.





Activities for Children

Toys, books, games and cards



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Cash & Credit Cards

If possible, put aside at least \$100





Important Documents

Copies of IDs, medical records, pet vaccinations and family photos





Other Useful Items

Paper towels, trash bags, multipurpose tool that includes a knife



Emergency Plan Checklist

